

Scholarship Information

300hr Trauma-Informed Movement Facilitator Training

Faculty from SomaPsych & Legacy Motion plus International Guest Facilitators bring you

1 Year Training Program Online, Interactive & Accessible September 28, 2025 - September 20, 2026

Read the full information pack here.

Scholarship Purpose and Description

We provide scholarships to contribute to equity in access to trauma-informed skills and embodiment practices for underrepresented minorities and marginalized individuals.

These scholarships aim to:

- a) Increase diversity and inclusivity in SomaPsych and Legacy Motion's community.
- b) Encourage and invest in facilitators from underrepresented communities.
- c) Contribute to more socially just structures in global access to somatic and trauma-informed spaces.

Scholarship Eligibility Criteria

- 1. Individuals from low-income countries and financially marginalized communities who would otherwise be unable to access this training.¹
- 2. Underrepresented minorities, including (but not limited to):
 - Refugee/asylum seekers
 - LGBTQIA+ individuals
 - Those with lower socio-economic status
 - Individuals with lived experience of homelessness, disability, or disadvantage

¹ The World Bank defines low-income economies as those with a Gross National Income (GNI) per capita of \$1,085 or less, however we recognise global economic complexity and trust your choice to apply for this scholarship if relevant for you

Why?

We recognize unjust structures of power and privilege that create barriers to accessing services, including trauma-informed practitioners and embodiment spaces. Committed to social justice and our global community, we strive to break down these barriers by investing in underrepresented minorities.

We aim to contribute to inclusivity, accessibility, and diversity by supporting practitioners who can provide access to their underrepresented or marginalized communities. This is a gift to the trauma-informed practitioner community, offering voices and wisdom that can broaden understanding of safer spaces and embodiment for all.

Should I Apply?

Consider this scholarship if you:

- Seek occupational skills for your workplace
- Want to introduce trauma-informed practices in your community
- Have a plan to utilize skills for underrepresented minorities

These scholarships aim to create a more inclusive culture in trauma-informed spaces, specifically supporting individuals with a vision to provide access for minority groups.

***Note: This opportunity is not for personal trauma resolution.

If your social position is not underrepresented in this space, please respect that this opportunity is not for you. We specifically acknowledge and elevate systemically marginalized individuals.

Sponsorship

If an organization might sponsor your course placement, consider this option to enable another scholarship recipient.

Next Steps:

- Review the sponsorship email template
- Email info@somapsych.org for sponsorship support

Scholarship Process and Deadlines

Two scholarship application rounds:

- 1. Expression of Interest (EOI): Apply Here
- 2. In-depth scholarship application

Deadlines:

- EOI deadline: April 1, 2025
- EOI decisions: April 14, 2025
- Scholarship application due: May 1, 2025
- Scholarship decisions: June 1, 2025

Application Advice

We seek individuals demonstrating intentionality. Your application should explain:

- How this training supports your community
- Practical plans and vision for transforming injustice
- Potential for community impact

We understand visions may evolve, but want to see how you'll practically address structural inequities for the people you serve.

Examples of visions:

- Community health or social worker developing trauma-informed workshops
- Disability advocate creating inclusive movement spaces
- Refugee support program integrating somatic healing practices